

Buckeye Flyer



Wright-Patterson AFB, Ohio
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Airmen impress inspection teams

By Capt. Caroline Wellman
445th Airlift Wing Public Affairs

Inspectors from Air Force Reserve Command and the Air Force Inspection Agency simultaneously completed a unit compliance inspection, a logistics compliance assessment and two health services inspections Oct. 15 to 20 here.

“Overlapping inspections are rare, and the Airmen here rose to the challenge and performed superbly,” said Command Chief Master Sgt. Peri Rogowski.

The 445th Aeromedical Staging and Aerospace Medicine Squadrons completed health services inspections Oct. 18. The HSI assesses a unit’s medical war plans and readiness, management effectiveness and the quality of healthcare delivery, according to the Air Force Inspection Agency’s fact sheet.

—See *INSPECTIONS* page 6



Senior Airman Mikhail Berlin

Preparing for cold weather

Senior Airman Timothy Boris, 445th Maintenance Aerospace Ground Equipment Flight mechanic, repairs a New Generation Ground Heater. The wing possesses 43 heaters, that need preparation for the upcoming cold weather. The heaters provide warmth for Airmen who must perform their mission outdoors, such as the gate security guards or Airmen working on the flightline.

The Buckeye Flyer staff wishes all a Happy Thanksgiving. The wing will be closed Nov. 26 for the holiday.

Wing Airmen collect donated items for veterans

The annual Dayton Veterans Affairs Medical Center Christmas party hosted by the 445th Airlift Wing and the Air Force Sergeants Association Kittyhawk Chapter 751 is scheduled for Dec. 5.

Each year the wing donates items for the VA residents and veterans in the center’s outreach programs. Since many veterans have outlived their spouses and have little family support for incidentals or comfort items, the VA relies on donations. Past donations were provided by churches, local businesses, school groups and Scout groups.

Needed items include: new or gently used clean clothes for men and women; extra large t-shirts; new underclothes; decaffeinated coffee; powdered creamer;

sugar; sweetener; toiletries; new or used DVDs; flip flops or shower shoes; baseball caps; toothbrushes and toothpaste; and paperback novels.

Units are encouraged to establish their own collection points and bring the items to the wing flag pole (building 4010) for transport Dec. 5.

Transportation will be provided for those interested in attending the Christmas party. The bus will depart from the flagpole at 10:30 a. m. and return at approximately 1 p.m.

Please direct questions to your squadron enlisted advisory council representative. For a more detailed list of items, please visit the 445th Web site at www.445aw.afrc.af.mil.

Blessings: Be thankful for all that's provided

By Chaplain (Capt.) Jonathan Kollmann
445th Airlift Wing

“Be thankful in all circumstances, this is God’s will for you...” (1 Thessalonians 5: 18a)

When the calendar turns to November, I think of two things: the Ohio State versus Michigan game and Thanksgiving. From the title, I think you know what subject I have chosen. So let me begin by asking, is it hard for you to be thankful? I believe God wants us to be thankful. If we stop and think, there is so much to be thankful for, even in difficult times. Let’s look at a few ways.

Look at trials as a chance to develop character. I tell many people, “It’s not what you are GOING through but what you are GROWING through. If you look back five or 10 years and examine those difficult

circumstances, how did you handle it or work through it? Were you thankful even during those difficult lessons in life? Did you see God’s faithfulness?

Next write down what you are grateful for. It’s pretty simple. Right now, write down everything that has brought you joy and who you appreciate. This does not have to be big things, the small ones count too!

Turn lemons into lemonade! It has been said, “If life hands you a lemon, make lemonade.” This statement reminds me to stay solution focused. It is so easy to stay negative and even downright sour. When we experience difficult circumstances and disillusionment, frustration, or bitterness sets in, we need to remember that God has the power to make the bitter become sweet. Because the most successful people in life are those, with God’s strength, persevere through hardship and most importantly stay grateful!

Buckeye Flyer

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Who are your friends? Do they want you to succeed? Do they support you?

Success surrounded: Improve your inner circle

By Chief Master Sgt. Peri Rogowski
445th Airlift Wing Command Chief

What’s the secret to success? Well, there are many ingredients, including being positive and being regarded as an expert in your career field. But one ingredient that often goes unnoticed is who successful people associate with. It’s common to see them surround themselves with other successful people. So who is in YOUR inner circle? Are members of your family, friends, and acquaintances successful? Do they support your aspirations or discourage you? Do they help you realize your full potential? What do you talk about – positive life events or negative gossiping? Do you REALLY trust them?

Some of you may say there are no unfavorable relationships in your life. But be honest here. The world is full of people that are known as “dream stealers” — people whose purpose in life is tell you all the reasons why your idea won’t work, or why your goal is unrealistic or too risky. These people have such a low self-image of themselves that they are envious or fearful of anyone who might succeed and leave them behind.

If you eliminate these destructive relationships, the healthier and more success-

“Look to people you know and admire. Ask them to be your mentors. Seek both military and civilian role models.”

- Chief Master Sgt.
Peri Rogowski



ful you will become. If it is too awkward to discontinue completely, then at least minimize it. Rather than going out to lunch with your energy-draining, negative co-worker, limit your contact to business matters only. Remember, negativity breeds negativity.

Once you’ve reduced the unfavorable relationships in your life, you can focus on seeking successful acquaintances. Look to people who you know and admire. Ask them if they would be your mentor. Seek from both military and civilian and focus on different aspects of your life’s aspirations. Soon you will discover that these relationships will nurture and networking opportunities will suddenly appear. These opportunities, along with being the BEST you can be in your career and a positive attitude can be YOUR secret ingredient to success.



Fleece Release

Uniform board updates outerwear policy

By Brad Jessmer

Air Force Uniform Office Public Affairs

The 98th Air Force Virtual Uniform Board has just released a policy message for wearing the new Air Force sage green fleece as an outer garment for the Airmen Battle Uniform.

According to the message, the sage green fleece may only be worn over the ABU top, and is not authorized to be worn solely over a T-shirt, thermal underwear and similar undergarments, when worn as an outer garment.

Items authorized for wear with the fleece include black or sage green leather, suede or knit gloves; black or sage green watch caps; black scarves that are tucked in; and black ear muffs.

The uniform board authorized wear of the sage green fleece without name tapes and rank as an outer garment until Oct 1, 2010. Both the black and the green fleece without tapes and rank may be worn as a liner to the APECS. The



black fleece will phase-out Oct 1, 2010.

New sage green fleece outer garments will be made available first to deployed airmen.

Airmen with questions regarding this article should address them through their chain of command, or by calling the Air Force Personnel Center at 800-525-0102, or DSN 665-5000.

Fleece Authorizations

- A Velcro ABU print last name tape with dark blue block lettering, centered between the zipper and sleeve seam on the wearer's right chest
- A Velcro ABU print U.S. Air Force tape with dark blue block lettering, adjacent to the name tape and centered between the zipper and sleeve seam on the wearer's left chest
- A Velcro subdued cloth rank with a solid sage green background, flushed and centered above the last name tape on the wearer's right chest
- Fleece must remain zipped no lower than halfway between the name tape and the collar
- The collar must be folded over and resting on the shoulder, chest and back when the zipper is not completely zipped
- The bottom length of the fleece must be as close to the length of ABU top as possible
- Sleeves must be worn down
- Fleece must be kept in a neat, serviceable and professional appearance at all times

Did you know that celebrities Johnny Cash, Jimmy Stewart and Chuck Norris all served in the U.S. Air Force?

Chefs serve up fun at annual CFC chili cook-off

By Stacy Vaughn

445th Airlift Wing Public Affairs

The aroma of chili filled the air in as 15 "chefs" from various units across the 445th Airlift Wing gathered to compete in the annual Combined Federal Campaign chili cook-off Oct. 27.

Armed with spoons and bowls, Col. Stephen Goeman, 445th Airlift Wing commander, Chief Master Sgt. Aaron Mouser, 445th Maintenance Group, and Chief Master Sgt. Homer Carter, 445th Military Personnel Flight, judged the cook-off, sampling different concoctions such as southwestern chili buffalo and elk, sweet dirty brew and mango-curry chili.

"I noticed a melody of flavors as I was judging. Everyone did a great job, and they put a lot of effort into the contest," Chief Mouser said.

The winning chili, titled, "acres chili," was prepared by Tech. Sgt. Mike Pennington, 445th Security

Forces Squadron. This is the third time Sergeant Pennington has entered the contest and his first win.

"Patience, trial and error, and feedback from my kids is why I'm in the winner's circle today. I don't have a written recipe. I just add a little bit here and a little bit there," Sergeant Pennington said.

Second place went to Master Sgt. Sandy Richards, military personnel flight, education program manager, with "hearty chili." Third place went to Master Sgt. Alicia Lavender, 445th Maintenance Group, with "Frito chili."

445th AW CFC chairpersons Tech. Sgt. Linda Thrasher, 87th Aerial Port Squadron, and Tech. Sgt. Joan Weldon, 445th Mission Support, helped set up the chili cook-off.

"The chili cook-off was a big success. We made a profit of \$417.86 for the CFC," Sergeant Weldon said.

Football fans witness enlistment ceremony

By Stacy Vaughn
445th Airlift Wing Public Affairs

More than 13,000 Ohio State University fans witnessed a mass enlistment ceremony for 42 Air Force Reserve enlistees during the pre-game Ohio State University vs. Wisconsin 'skull session' pep rally at the St. John Arena in Columbus, Ohio Oct. 10.

"Having the enlistment ceremony during the Ohio State University skull session was a very unique experience," said Master Sgt. Robert McDonald, 445th Airlift Wing Reserve Recruiting Squadron.

Lt. Col. Brady Johnson, who was assigned to the 445th Civil Engineer Squadron, read the Oath of Enlistment.

Airmen from the 445th Airlift Wing who re-enlisted included Master Sgt. Phillip Finnegan, 87th Aerial Port Squadron; Master Sgt. Mark O'Connell, 445th Aerospace Medi-



Senior Airman Matthew Cook

Several 445th Airlift Wing Airmen re-enlist during a mass enlistment ceremony at the pre-game Ohio State University vs. Wisconsin "skull session" pep rally Oct. 10. More than 13,000 game attendees witnessed the event.

cine Squadron; Tech. Sgt. James Brown, 445th Aircraft Maintenance Squadron; and Tech. Sgt. Nathan Lowman, 445th Maintenance Operations Flight.

"I hope we can do this again in the future. When the OSU marching

band played "Stars and Stripes Forever," everybody in the audience was singing and you could feel the music. But when the Oath of Enlistment was being read, you could hear a pin drop because it was so quiet," Sergeant McDonald said.

Get the latest 445th Airlift Wing news on the wing's official Web site at www.445aw.afrc.af.mil.

Deactivation: Airlift control flight ends mission

By Stacy Vaughn
445th Airlift Wing Public Affairs

There was no fanfare or well-wishers present when the lights went off for the last time Sept. 3 at the 445th Airlift Control Flight here.

The ALCF arrived just as quietly more than five years ago from Andrews Air Force Base, Md., as a result of a restructure across Air Force Reserve Command.

The 445th Airlift Wing is one of four reserve bases losing the ALCF while other reserve units absorb the manning and mission requirements. The remaining ALCFs will have more personnel and capabilities to meet future requirements.

Maj. Todd Baker, 445th ALCF operations officer, said they prepared for this occasion for more than a year.

"When the 445th ALCF was activated in 2004, we had 14 people assigned to the unit. Our last two weeks here, it was down to four people," he said. The flight deployed to austere airfields and set up the command

and control structure for the Air Mobility Command. The unit typically deployed with aerial port, maintenance, security forces, and medical units as a Contingency Response Element. Since 2004, the ALCF participated in many deployment exercises in places such as Germany, Hawaii and Wisconsin, working with the Air Force, Marines and Army.

"We didn't just totally shut down right away. We were able to complete one more mission before we closed our doors," said Maj. Baker, referring to an equipment transfer to the 512th ALCF at Dover Air Force Base, Del., which absorbed part of the unit's mission.

"We inventoried and packed up our equipment, built our own pallets and coordinated the airlift. I think it is fitting that a unit whose mission was to deploy and help others deploy was able to roll itself up and move its own equipment one last time," he said. Flight members were absorbed into another position in the wing, retired or transferred to another base.

"Working in the unit gave me the opportunity to meet and work with a lot of great people and learn all aspects of the Air Mobility mission," he said.





Courtesy photos

Supporting the Veterans

Local Airmen say farewell to DC-bound veterans

By Stacy Vaughn
445th Airlift Wing
Public Affairs

A reservist assigned to the 445th Maintenance Operations Flight took the initiative to round up a group of volunteers from Wright-Patterson Air Force Base, Ohio, composed of active duty, reservists and civilians to give a special send off to 35 veterans traveling from Piqua, Ohio, to Washington, D.C., Oct. 2.

Staff Sgt. Mike Neri got the idea to have a special send off after meeting a World War II veteran while at an appointment. "He introduced himself as Harry Congdon and he told me about a group that he's involved with that was started by a gentleman in Piqua, Glenn Devers, who wanted to honor his four brothers who all made it home from the war. As a tribute, every year they take World War II veterans on an all-expense trip to Washington, D.C.

Sergeant Neri said on the annual bus ride, the veterans are given notes written by elementary school children and family members and they do a "mail call" just as they used to do back during World War II. "I asked Harry if he would like me to see if I could find some Airmen that would be interested in writing letters to these veterans, thanking them for their service. He was thrilled and gave me his contact information," Sergeant Neri said.

"This is the fifth trip we have done. We are very thankful for all that the base did to honor these wonderful men and women of our country's greatest generation. It is a blessing to be able to do this and having the base involved this time made everything much more meaningful," Mr. Congdon said.

This year, the send off was held at the



Local Airmen participate in the send-off of World War II veterans bound for D.C.

American Legion Post in Piqua. Although the weather was not cooperative, it did not put a damper on the event. Besides base personnel, well wishers from various organizations, to include fire fighters, policemen, city employees and media were on hand to say hello and shake the hands of the veterans. Sergeant Neri said base personnel gave 105 letters and cards to the veterans plus goodie bags. A second-grade class from the West Carrollton School District also wrote letters to the group. Books were donated by the Air Force Historian's office and given to the veterans to read on the bus ride.

The Ohio Patriot Guard riders escorted the group's bus as it pulled out of the parking lot and down the highway.

"The most important thing we did was put a lot of smiles on people's faces. We let them know that Wright-Patterson Air Force Base cares about our vets. It was an honor to be there, and I personally want to thank each and every one of you for giving me the opportunity to do so, without you this would not have been possible," Sergeant Neri said.

INSPECTIONS *From Page 1*

The ASTS received an excellent rating on the HSI and the AMDS received a satisfactory. Airmen in the medical units won't be inspected as part of an HSI for another four to five years.

"These are outstanding results by outstanding people in outstanding units," said Col. Stephen Goeman, 445th Airlift Wing commander. Admitting that the wing's leadership didn't want to jinx the inspection outcome by saying it publicly before it began, Colonel Goeman said he expected superior results from the medical units.

The wing also became one of the first units in the Air Force to complete a logistics compliance assessment program visit. The LCAP is a combination of the Air Force's former major command-level logistics and maintenance standardization and evaluation programs. It's designed to provide a unit with an objective "evaluation of how they perform key logistical processes," the Air Force Reserve Command LCAP inspectors said.

As part of the LCAP, AFRC inspectors evaluated the 445th Maintenance Group, the 445th Logistics

Readiness Squadron and the 87th Aerial Port Squadron. Col. Glenn Davis, AFRC/A4 Director of Logistics, described the unit's performance as "rock solid and highly professional."

Tech. Sgt. Angel Gonzales, 445th Logistics Readiness Squadron, was one of three Airmen Colonel Davis mentioned as being an outstanding performer during the LCAP. "Through Sergeant Gonzales, we saw the absolute best safety program in the command. We would like to have him as an augmentee on our team, a position we usually only offer to master sergeants and above, as we go across the command for LCAP," Colonel Davis said.

The wing-wide unit compliance inspection was similarly successful, with the wing earning a compliance rating. The UCI evaluated the health, effectiveness and performance of the wing; the wing's compliance with laws, standards and regulations; and the effectiveness and capabilities of the unit's Airmen. At a minimum, UCIs are conducted on all wing/wing equivalent units at an interval of

no more than 60 months.

"You couldn't have done better even though you wanted to do better. I'm ecstatic with the wing's overall performance," Colonel Goeman said.

<p>HSI Outstanding Performers Maj. Kimberly Simmons, ASTS Master Sgt. Melanie Laliberty, ASTS Tech. Sgt. Chad Smallwood, ASTS Master Sgt. Debbie Beer, AMDS Staff Sgt. Sierra Carbungcal, AMDS Staff Sgt. Rachelle Squires, AMDS</p> <p>LCAP Outstanding Performers Tech. Sgt. Angel Gonzales, LRS Staff Sgt. Mark Reel, LRS Staff Sgt. Michael Nowicke, LRS</p> <p>UCI Superior Performers Master Sgt. Walter Bennett, SFS Master Sgt. Bryan Bohn, AW/CP Tech. Sgt. Terry Reisinger, AW/HC Tech. Sgt. Andre Sims, SFS Staff Sgt. Michelle Henry, 87 APS Staff Sgt. Linda Pantoja, CES</p>
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Air Force announces new fitness program

Revisions to the Air Force fitness program take effect Jan. 1, 2010. These modifications, improvements and upgrades will bring about some of the most significant changes to fitness standards in the last five years and shift a greater level of responsibility for maintaining year-round fitness to all Airmen.

The Air Force Fitness Program goal is to motivate Airmen to participate in a year-round physical conditioning program that emphasizes total fitness, to include proper aerobic conditioning, strength and flexibility training, and healthy eating.

Air Force Reserve Airmen will fitness test 12 months after their last calendar year 2009 test date, then again 6 months later to progress to a biannual cycle. If the last test was in January 2009, your next test will be in January 2010, then again in July 2010,



etc. If you test in December 2009, your next test will be in December 2010, then again in June 2011, etc.

The aerobic run will account for 60 percent and body composition 20 percent -- muscle fitness (crunches and pushups) will remain 10 percent each. The component weighting was changed to incorporate science-based criterion along the health/fitness hierarchy.

Airmen will be required to meet minimum component requirements and still be required to have a composite score of 75 to pass the test. This ensures we have a more well-rounded test and that members demonstrate a minimum level of proficiency in all components to pass the test. *(Excerpts taken from Air Force Fitness web site. For more information, visit web site at www.afpc.randolph.af.mil/affitnessprogram/index.asp.)*

News Briefs

AF Portal CAC/PKI restriction

Access to the Air Force Portal will be restricted to only those users with a common access card (CAC) or valid public key infrastructure (PKI) certificate starting Jan. 15, 2010. Air Force Knowledge Now (AFKN) will begin CAC/PKI-restricting access to their site from the Air Force Portal Jan. 1, 2010. Portal and AFKN users are encouraged to obtain a CAC reader or PKI certificate now to ensure future access. Please visit the Computer/Network Support link on the 445th Airlift Wing SharePoint for more information.

Toys for Tots

The U.S. Marine Corps Reserve Toys for Tots program for Christmas is now underway. Bring your new and unwrapped toys to a drop off container located throughout the 445th Airlift Wing or contact your first sergeant. For more information contact Master Sgt. John Koehl at 257-0062, option 4.

CMSgt Golden Anniversary event

A special celebration commemorating the 50th anniversary of the Chief Master Sgt. rank will take place Dec. 1 at the National Museum of the U.S. Air Force. Chief Master Sgt. of the Air Force #5 Robert D. Gaylor will be the guest speaker. To register for the event go to <http://chiefgoldenanniversary.eventbrite.com>.



Awards

Meritorious Service Medal

Maj Paul Brenner, AES
Maj John Marang, 87 APS
Maj David Mohr, 87 APS
Maj Norman Shaw Jr., 89 AS
CMSgt Larry Osborne, ASTS
SMSgt Kevin Steyer, ALCF
MSgt Herbert Nicholson, 89 AS
TSgt James Plunkett, SVF

Air Force Commendation Medal

Capt William Berger, 89 AS
Capt Justine Walker, MSG
MSgt Timothy Opp, 87 APS
TSgt Richard Carey, 87 APS
TSgt Chad Cazan, 87 APS
TSgt Khristopher Powell, SFS
TSgt Cleve Samuel III, 87 APS
SSgt Melissa Beer, AES

Air Force Achievement Medal

SSgt Justin Hunt, 87 APS
SSgt Timothy Stout, SFS
SrA Sherry Houston, SFS

Air Medal

Lt Col Bruce Nelson, AES
SSgt Steven Mauter, AES

Joint Service Commendation Medal

Maj Mark Barker, 89 AS

Promotions

Airman

Antonio Lee, LRS

Senior Airman

Roosevelt Reid Jr., 87 APS
Jerel Wright, 87 APS

Staff Sergeant

Brady Bennett, AMXS
Joshua Beverly, CES
Matthew Brodarick, AMXS
Bradley Garman, CES
Christopher Gunnoe, CF
Robert Hampton, 87 APS
Jeffrey Landis, AMXS
Andrew Reeves, LRS
Omar Reyes, ASTS
John Stidham, AMXS
Jamie Supinger, MSF
Ryan Thompson, AMXS
Cassie Washington, OSS

Erik Williams, AMXS

Technical Sergeant

Cassandra Bartlett, MXG
Jaclyn Fiest, MXS
Douglas Fuller, AW
Daniel Jackson, ASTS
Thomas Reed, AMXS
Scott Schaffner, 89 AS
Robert Slade, MXS

Master Sergeant

Brian Algeo, SFS
Jesse Dunbar, AMXS
Kerry Penner, MXS
Jude Soriano, MXS

Senior Master Sergeant

Kevin Grof, AMXS
Luke Schroeder, MXS

Newcomers

SMSgt Janet Wescott, CES
TSgt Jeremy Caskey, AW
SSgt Ray Carpenter, LRS
SSgt Jennifer Gerritsen, AES
SSgt Karl Howard, ASTS
SSgt Eric Whiteaker, MXS
SrA Renee Baumert, CES
SrA Christopher Clark, MOF
SrA Matthew Cook, AW
SrA Brian Daiker, AMXS
SrA Joshua Ruberg, MXS
SrA Anthony Szary, LRS
SrA Shayne Thompson, MSF
A1C Christopher Bateson, 87 APS
A1C Adam Etter, 87 APS
A1C Ryan Jones, CES
A1C Jessica Massey, ASTS
A1C Bradley Moore, CES
A1C Michael Osborne, 87 APS
A1C Roosevelt Reid, 87 APS
A1C Keith Taylor, OSS
A1C Ryan Umstead, CES
A1C Seth Watts, 87 APS
Amn Charae Parks, AES
Amn Matthew Monk, CES
AB Jennifer Boggs, CES
AB Rachel Ellis, AES
AB Douglas Lippert, AMXS
AB Sarah McAlister, MOF
AB Chanell Prater, CF
AB Anna Roberts, 89 AS
AB Ameer Thomas, LRS





It's all in the details

Maj. Jose Cardenas

Tech. Sgt. Christopher Suggs, 445th Logistics Readiness Squadron, repairs a MB2 engine on an aircraft tug at Royal Air Force Mildenhall, United Kingdom. The tug is used for towing aircraft.

On the Web



C-5 Galaxy
kicks off
Bengals vs.
Bears football
game



Airmen
participate in
bi-monthly
foreign object
debris walk



LRS inspects
chemical/
biological
masks

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